

GET IT ON

(Bang-A-Gong)

Choreographed by: CHRIS HODGSON (UK) MARCH 2003 01704-879516

Suggested Music: BANG A GONG.....CAREY ZIEGLER with Adria (120 bpm)
On cd compilation 'DANCE FLOOR DYNAMITE'

44 COUNT / INT / 4 WALL LINE DANCE

Start on vocals (32 counts)

1-8 CROSS-SIDE-TAP x2 / & CROSS-HOLD / & CROSS-UNWIND 1/2 LEFT

- 1-2 Cross Left over Right, Step Right to Right side (*Left is out to Left side*)
&3&4 Lift Left heel up, Drop heel down, Lift Left heel up, Drop heel down (*keep weight on Right*)
&5-6 Step Left next to Right, Cross step Right over Left, Hold for 1 count
&7-8 Small step Left to Left side, Cross step Right over Left, Unwind 1/2 turn Left (*weight on Left*)

9-16 HIP BUMPS (up & down) (With Attitude!!)

- 1&2& Step forward on Right bumping hips up, Bump hips centre, Bump hips down, Bump hips centre (*weight on Right*)
3&4 Bump hips up, Bump hips centre, Bump hips down (*weight on Right*)
5&6& Step forward on Left bumping hips up, Bump hips centre, Bump hips down, Bump hips centre (*weight on Left*)
7&8 Bump hips up, Bump hips centre, Bump hips down (*weight on Left*)

17-24 HEEL SWIVELS BACK x4 / OUT-OUT-HOLD w CLAP / HEEL LIFT x2

- &1 Swivel both heels out, Swivel both heels in stepping Right behind Left
&2 Swivel both heels out, Swivel both heels in stepping Left behind Right
&3&4 Repeat above counts &1&2
&5-6 Small step out with Right, Small step out with Left, Hold clapping hands
&7&8 Lift up Right heel, Drop heel down, Lift up Left heel, Drop heel down

25-32 BRUSH-HITCH-STEP / STEP-HEEL SWIVELS / COASTER STEP / STEP-1/2 TURN

- 1&2 Brush Right foot forward, Hitch Right knee, Step forward on right
3&4 Step Left forward, Swivel both heels to Left, Swivel both heels to centre (*keep weight on Right*)
5&6 Step back on Left, Step Right next to Left, Step forward on Left
7-8 Step forward on Right, Pivot 1/2 turn Left

33-40 ROCK STEP / TRIPLE 1/2 TURN RIGHT / ROCK STEP / TRIPLE 3/4 TURN LEFT

- 1-2 Step forward on Right, Rock weight back onto Left
3&4 Triple 1/2 turn Right stepping on Right-Left-Right
5-6 Step forward on Left, Rock weight back onto Right
7&8 Triple 3/4 turn Left stepping on Left-Right-Left

41-44 CROSS-BACK / CHASSE RIGHT

- 1-2 Cross Right over Left, Step back on Left
3&4 Step Right to Right side, Step Left next to Right, Step Right to Right side

BEGIN AGAIN

**AND RE-VISIT THE LYRICAL GENIUS THAT WAS MARC BOLAN
IN THIS FABULOUS TRIBUTE TRACK!!!**

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