

BACKSYNC

Choreographed by: CHRISSIE HODGSON (UK) OCTOBER 2003 [01704-879516]

Suggested music: I WANT YOU BACK.....N SYNC (112 bpm) CD.....`N SYNC`

32 COUNT / INT / 4 WALL LINE DANCE 44 count intro - Start on Vocals

1-8 KICK-BALL-CHANGE / SIDE ROCK / BACK & SIDE / CROSS 3/4 UNWIND

- 1&2 Kick Right forward, Step Right in place, Step Left next to Right
- 3-4 Step Right to Right side, Rock weight onto Left
- 5&6 Step back on Right, Rock weight forward onto Left, Step Right to Right side
- 7-8 Cross Left over Right, Unwind 3/4 turn Right (weight ends on Left)

9-16 BACK-HOLD / TOG-FWD-FWD / SIDE & FORWARD / STEP-1/2 TURN

- 1-2 Step back on Right, Hold one count
- &3-4 Step Left next to Right, Step forward on Right, Step forward on Left
- 5&6 Step Right to Right side, Rock weight onto Left, Step forward on Right
- 7-8 Step forward on Left, Pivot 1/2 turn Right

17-24 &-SIDE-HOLD / TOG-CROSS-1/4 TURN / 1/4 TURN SWITCHES & HEEL-HOLD

- &1-2 Step Left next to Right, Step Right to Right side, Hold one count
- &3-4 Step Left next to Right, Cross Right over Left, 1/4 turn Right stepping back on Left
- 5& Touch Right toe to Right side, Making 1/8 turn Right Step Right next to Left
- 6& Touch Left toe to Left side, Making 1/8 turn Right Step Left next to Right
- 7-8 Touch Right heel forward, Hold one count

25-32 & ROCK STEP / COASTER STEP / PADDLE 1/2 TURN / HIPS

- &1-2 Step Right next to Left, Step forward on Left, Rock weight back onto Right
- 3&4 Step back on Left, Step Right next to Left, Step forward on Left
- 5& Touch Right toe to floor, Hitch Right Knee making 1/4 turn Left
- 6& Touch Right toe to floor, Hitch Right Knee making 1/4 turn Left
- 7 Touch Right foot slightly forward bumping hips forward
- &8& Bump hips back, Bump hips forward, Bump hips back (weight ends on Left)

BEGIN AGAIN.....

****NOTE:** There is a break in the music at about 2 mins 27 secs which lasts for aprox 12 secs

JUST KEEP DANCING!!!!!!!!!!!!!! The music kicks in again on count 25**